

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: SSSV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: URBAIN Laurent HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:1, starttime: 09:21
Heat: 1/7 Lane : 2 Athlete: FRAUENKRON LUCA					Q-time: 02:47:42
PB (50m pool): 02:47.42 Luxembourg 26/04/2026					PB (25m pool): 02:47.26 SB: 02:47.42 Luxembourg 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.50	01:20.21	02:04.66	02:47.42	
	00:37.50	00:42.71	00:44.45	00:42.76	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:1, starttime: 09:43
Heat: 1/12 Lane : 7 Athlete: ZUIDVELD MARIA					Q-time: 01:04:27
PB (50m pool): 01:05.47 Antwerpen 20/07/2025					PB (25m pool): no time SB: 01:07.37 Seraing 07/12/2025
	5 0 M	1 0 0 M			
PB	00:31.28	01:05.47			
	00:31.28	00:34.19			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+					Heat:9, starttime: 10:19
Heat: 9/13 Lane : 2 Athlete: URBAIN RAPHAEL					Q-time: 01:03:72
PB (50m pool): 01:03.72 Luxembourg 26/04/2026					PB (25m pool): 01:00.48 SB: 01:03.72 Luxembourg 26/04/2026
	5 0 M	1 0 0 M			
PB	00:30.79	01:03.72			
	00:30.79	00:32.93			
					

Coach feedback:

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Event number: 38: 200M BACKSTROKE WOMEN 15+				Heat:6, starttime: 10:48	
Heat: 6/11 Lane : 3 Athlete: ZUIDEVELD MARIA				Q-time: 02:35:65	
PB (50m pool): 02:40.30 Antwerpen 20/07/2025				PB (25m pool): no time SB: 02:42.95 Seraing 07/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.28	01:18.32	02:00.48	02:40.30	
	00:37.28	00:41.04	00:42.16	00:39.82	
					

Coach feedback: